



MEDIA RELEASE

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Western Australian Mental Health, Alcohol and Other Drug Services Draft Plan

The Board of Investing In Our Youth have determined their position on the draft Mental Health Alcohol and Other Drug Services plan recently released by the Mental Health Commission for comment.

In the context of the Investing In Our Youth mandate to promote the healthy development of children and young people in the South West Region and with a focus on early intervention and prevention, our position is as follows:

- We request an immediate increase in the proportion of the budget allocated to prevention and early intervention
- There is a demonstrated need for school programs to address mental health with the help of programs such as MindUP
- There is currently a gap in support services for mothers with post natal depression that is not being addressed
- The community is calling for more information and strategies to address the escalating problem of Deliberate Self Harm
- Services are centred in regional areas and there needs to be greater equity in delivery to rural areas of the South West

Anyone interested in providing feedback on the Mental Health, Alcohol and Other Drug Services draft plan can do so on the web using the following link:
<https://consultation.health.wa.gov.au/strategy/theplan-consultation>

For more information:

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